

- **Self-Exclusion Programs - Internet Controls & Web Blocking Software**

Self-Exclusion Internet Controls & Web Blocking Software such as **BetBlocker**, **Gamban**, **Gamblock**, and **Gambling Block** can also be a powerful tool for those that gamble on the Internet and would like to block the ability to access gambling sites, track and control Internet usage, or restrict access at specific times. Like self-exclusion, web-based exclusion programs allow users to “ban” themselves from being able to gamble online. There are free options as well as paid options, and this resource allows users to continue to utilize their computer for work and leisure but attempts to reduce the temptation to gamble as a result of pop up gambling site advertisements that would otherwise appear without the program. Many offer valuable tools such as the ability to track internet usage and even device location. A great feature of some web blocking software is that once installed, if the user tries to remove the program from their device, a prompt appears showing a map of available problem gambling resources in their area (such as the 888-ADMIT-IT HelpLine). There are also child protection websites such as, **Net Nanny**, **Cybersitter**, **Norton Family**, **Netsweeper**, **OpenDNS**, and **Qustodio** available, to help prevent underage access to online gambling. **Freedom** is an app and website blocker designed to improve focus and productivity by temporarily blocking distracting websites and apps (including gambling websites and apps) across multiple devices. Additionally, family features and apps offered by wireless service providers such as **Verizon Family Plus**, the **AT&T Secure Family® App**, and **T-Mobile's FamilyMode® App**, offer the ability for their customers to block gambling apps and websites in addition to other sensitive content.

Some of the FCCG's Self-Exclusion Internet Controls and Web blocking Software Program Referrals include the following:

➤ **OpenDNS**

OpenDNS is a suite of consumer products aimed at making your internet faster, safer, and more reliable. With filtering or pre-configured protection, you can safeguard your family against adult content and more. It's the easiest way to add parental and content filtering controls to every device in your home. OpenDNS settings apply to every device – laptops, smartphones, tablets, DVRs, game consoles, TVs, literally anything that connects to the internet from your home network. OpenDNS offers two (2) FREE packages; **OpenDNS Family Shield** - preconfigured to block adult content - set it and forget it; and **OpenDNS Home**, their classic, free service with customizable filtering and basic protection.

Cisco's **OpenDNS** control panel lets you block websites by category. Categories include gambling, games, and other adult/harmful content. Here's a screenshot:

(See Next Page)

☒ **Custom** Choose the categories you want to block.

☒ Academic Fraud	☐ Adult Themes	☐ Advertisements
☒ Adware	☐ Alcohol	☐ Anime/Manga/Webcomic
☐ Auctions	☐ Automotive	☐ Blogs
☐ Business Services	☐ Chat	☐ Classifieds
☐ Dating	☐ Drugs	☐ Ecommerce/Shopping
☐ Educational Institutions	☐ File Storage	☐ Financial Institutions
☐ Forums/Message boards	☐ Gambling	☐ Games
☐ German Youth Protection	☐ Government	☐ Hate/Discrimination
☐ Health and Fitness	☐ Humor	☐ Instant Messaging
☐ Jobs/Employment	☐ Lingerie/Bikini	☐ Movies
☐ Music	☐ News/Media	☐ Non-Profits
☐ Nudity	☐ P2P/File sharing	☐ Parked Domains
☐ Photo Sharing	☐ Podcasts	☐ Politics
☒ Pornography	☐ Portals	☒ Proxy/Anonymizer
☐ Radio	☐ Religious	☐ Research/Reference
☐ Search Engines	☐ Sexuality	☐ Social Networking
☐ Software/Technology	☐ Sports	☒ Tasteless
☐ Television	☐ Tobacco	☐ Travel
☐ Video Sharing	☐ Visual Search Engines	☐ Weapons
☒ Web Spam	☐ Webmail	

Visit **OpenDNS** online for more info and to sign up:

<https://www.opendns.com/home-internet-security/>